

COACHING FEE STRUCTURE effective 01 May 2010

(1) Learn to Swim and Teaching Fees

R650.00 per term

(2) Coaching Fees

- Junior Stroke Squad
R300.00 per month
- Promising Juniors Squad
R420.00 per month
- Senior Provincial and National Squad
R440.00 per month
- Masters/Ironman/Triathletes
R300.00 per month

METHODS OF PAYMENT

Payment options

1. Cash.
2. Cheque – payable to SwimCATS.
3. Bank/Internet transfers

PLEASE NOTE: All swim fees are to be paid in advance into the SwimCATS bank account below.

BANKING DETAILS

SwimCATS

FNB, Walmer Park

Branch Code: 211417

Account Number: 62213052880

NB: This account number is ONLY for Coaching Fees.



Swimming Coaching and Triathlon Services

Terms and Conditions.

Please read this information pamphlet carefully. Joining SwimCATS constitutes your acceptance of these terms and conditions.

1. LEARN-TO-SWIM.

Lessons are offered Monday to Friday...please contact Debbie to arrange and book your time-slot.

Learn-to-Swim classes are ability dependent, consisting of either...

- **Absolute beginners** - two 20-minute lessons – coach in water – maximum 4 children per lesson.
- **Stroke beginners** –
2 x 30-minute lessons of maximum 6 swimmers per lane.

2.COACHING.

Competitive swimming coaching at junior and senior level is offered and is dependent on individual ability, and to a lesser extent, age. Please feel free to discuss this with your coach. Swimmers training with these squads are required to have their own *swim-fins and kick boards*. In addition, those in the senior and junior squads *must* also have their own paddles. Please contact your coach regarding relevant paddle sizes. Training times and duration will vary throughout the year as the season's program develops. Swimmers and parents will be kept informed of such changes.

Both senior and junior squads will be training at the Newton Park 50m enclosed swimming pool as well as at the Lorraine Virgin Active. Information relating to squad times can be viewed on our website : www.swimcats.co.za.

NOTE: Please discuss any queries with your coach outside of coaching times.

3. FEES.

Lane rental is due to Virgin Active by SwimCATS via debit order on the 1st of each month and as such *all payments are required in advance*. If payment has not been received by the 5th of the month, this could result in a suitable candidate from our waiting list taking up your slot in the lane.

Where payment is not received timeously, SwimCATS reserves the right to refuse to teach such swimmers until the account has been settled in full.

PLEASE NOTE

- All swimmers training in the Senior and Junior squads will be required to register with SwimCATS and those wishing to compete also need to register with Eastern Province Aquatics. The relevant documentation will be forwarded to these swimmers.
- Lessons are by appointment only. Please ensure that you arrive on time for your lesson.
We cannot accommodate swimmers out of their booked times
- No refunds or credits will be given for lessons missed.
- All swimmers should have a SCATS swimming cap. Goggles are optional (but advisable.).
- Should you wish to terminate our services, one calendar months notice is required.
- SwimCATS swimming is closed on public holidays, the week between Christmas and New Year and for 2 weeks after Senior Nationals.

Lastly, welcome to SwimCATS. We look forward to working with you and trust that your swimming experience with us will be productive, fun and rewarding.

Please complete and sign the accompanying Registration and Coaching Agreement Forms.

Best Regards

Debbie LOCKETT

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